

## WIC GUIDELINES:

The following material from the WIC website will be helpful. Please make sure to check out the website as it is full of help, education and other information. See Main Website: <http://www.awc-ca.com>

“The San Diego WIC program serves pregnant, breastfeeding and postpartum women, infants and children up to 5 years old in low income families. WIC provides free supplemental foods.”

WIC Income Guidelines: WIC does not include Basic Allowance for Housing (BAH) for military families. Pregnant women count as 2 people.

WIC Guidelines Effective: April 03, 2018-June 30, 2019 **GROSS INCOME**

Number of people in family	Annual	Monthly	Twice-Monthly	Bi-Weekly
1	\$22,459	\$1,872	\$936	\$864
2	\$30,451	\$2,538	\$1,269	\$1,172
3	\$38,443	\$3,204	\$1,602	\$1,479
4	\$46,435	\$3,870	\$1,935	\$1,786
5	\$54,427	\$4,536	\$2,268	\$2,094
6	\$62,419	\$5,202	\$2,601	\$2,401
7	\$70,411	\$5,868	\$2,934	\$2,709
8	\$78,403	\$6,534	\$3,267	\$3,016
More than 8	\$7,992 per added family member	\$666 per added family member	\$333 per added family member	\$308 per added family member

**Please note the following -**

- \* Decimals are rounded to the nearest dollar
- \* *Pregnant women count as two people*

**Escondido WIC office locations:**

**SDSU WIC Program  
(SDSU: San Diego State University)**

1131 East Washington Avenue, Suite K  
Escondido, CA 92025

Call for an appointment: 1-888-999-6897

Open Monday-Friday 8:00 am - 5:00 pm

Closed 2<sup>nd</sup> Friday

Open 2<sup>nd</sup> Saturday 8:00 am - 4:30 pm

**Go to SDSU WIC Program online site for latest detail for eligibility:**

SDSU Escondido Office: <https://sdsuwic.org/how-to-apply-for-wic>

**NCHS WIC Program:  
(NCHS: North County Health Services)**

**Located in County of San Diego North Inland LiveWell Center**

649 West Mission Avenue #7

Escondido, CA 92025

Call for an appointment: 1-888-477-6333

Open Monday-Friday 7:30am - 4:30 pm

Closed for lunch M-F 11:45 am - 12:45 pm

Open one Saturday per month. Call for details.

**Go to NCHS WIC Program online site for latest detail for eligibility:**

NCHS Escondido Office: <https://m.wic.ca.gov/JoinWIC/IncomeGuidelines.aspx>