

Alternatives Medical Clinic: North County OB/MD Referral List

Physicians/Groups	Address	Phone	Insurance	Hospital
Borrego Health-Centro Medico	Escondido 1121 E. Washington Ave., 92025	760-871-0606 https://www.borregohealth.org/womens-health	PE Medi-Cal and Straight Medi-Cal Sharp Community Health Group (SCHG), Molina if assigned to Borrego Health	UC San Diego Medical Center 200 W. Arbor Dr., San Diego, CA 92103 858-657-7000
Neighborhood Healthcare Prenatal	Escondido 488 E. Valley Pkwy., Ste 404, 92025	833-867-4642 https://www.nhcare.org/lp/prenatal	PE Medi-Cal, Straight Medi-Cal. Molina if assigned to NHC On-Call Palomar Medical Center OB Dr. for deliveries	Palomar Medical Center, Escondido 2185 Citracado Pkwy. Escondido, 92029 442-281-5000
True Care	San Marcos 150 Valpreda Rd. San Marcos, 92069 Oceanside 2210 Mesa Dr., Ste. 5, Oceanside, 92054	760-736-6767 https://www.truecare.org/	PE Medi-Cal and Straight Medi-Cal. Molina if assigned to True Care; other program options.	Tri-City Medical Center 4002 Vista Way, Oceanside, CA 92056 760-724-8411
Vista Community Clinic	VVC-Vale Terrace 1000 Vale Terrace, Vista, 92084 Women's Health services available at Grapevine, Horne, North River and Pier View and Lake Elsinor sites	Call or Text 844-308-5003 https://www.vistacommunityclinic.org/health-services/prenatal-care/	PE Medi-Cal, Straight Medi-Cal; other program options available.	Palomar Medical Center, Escondido 2185 Citracado Pkwy., Escondido, 92029 442-281-5000
Culture of Life Family Services (COLFS)	Escondido 362 W Mission Ave # 105, 92025	760-741-1224 https://colfscliclinic.org/medical-clinic/	PE Medi-Cal and Straight Medi-Cal Health Net +, UHC, Scripps, Mercy, Golden Physician. See website for other options. Prenatal care through 19 weeks-refers out for OB/Delivery	Palomar Medical Center, Escondido 2185 Citracado Pkwy., Escondido, 92029 442-281-5000
North County Women's Specialists (NCWS/Arch Health Partners/Palomar Health)	Escondido 488 E. Valley Pkwy., Ste 400, 92025 1955 Citracado Pkwy., Ste. 302, 92029	760-658-6101 760-233-1896 https://www.ncwsobgyn.com/	PPO, HMO Only ARCH Partners/Graybill Sharp Community Health Group. Call for accepted plans. Does not accept PE or Straight Medi-Cal	Palomar Medical Center, Escondido 2185 Citracado Pkwy., Escondido, 92029 442-281-5000
Scripps Coastal Medical Group	Oceanside 2205 Vista Way, Ste. 320, 92056 Encinitas 320 Santa Fe. Dr. Ste. 300, 92024	760-758-1220 760-704-5810	Various PPO's and Scripps Coastal HMO Call for accepted plans. Does not accept Medi-Cal	Scripps Memorial Hospital, Encinitas 354 Santa Fe Dr., Encinitas, CA 92024 760-633-6501
Optum Care	Oceanside 3998 Vista Way, Ste. C, 92056	760-941-1440	Straight Medi-Cal-CHG, HealthNet and UHC; PPO/HMO- Blue Shield Promise Plan	Tri-City Medical Center 4002 Vista Way, Oceanside, CA 92056 760-724-8411
Arch Health Partners/Palomar Health	Poway 15706 Pomerado Rd. Ste.110 Poway, CA 92064	858-485-0130 https://damoncobobgyn.com/	PPO and HMO (SCMG, Arch, Greybill) plans only. Call for accepted plans. Does not accept Medi-Cal	Palomar Medical Center, Poway 15615 Pomerado Rd., Poway, CA 92064 858-613-4000